

**Safety & Loss Control Program**  
**Safety Training Schedule – January & February**  
 SLCP / RMP Training Center  
 St. Michaels Shopping Center, Window Rock, AZ

January, 2014

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	
13	14	15	16 9-11am Back safety & Ergonomics: WK 1pm PPE: WK	
20	21 9-11am Back safety RB 1pm Bldg inspection; RB	22 9am Back safety: DB 1pm Fire prevention: DB	23 8:30am – 4pm OSHA 10 Hour By NOSHA	24 8:30 12pm OSHA 10 Hr. continue
27	28 9am PPE: DT 10am Asbestos Awareness: WK	29 9am Back safety: DB 1pm Back safety: DB	30 9am Back safety: RB 1pm Back safety: RB	

Schedule subject to change. Contact Shirley Barney at 871-6085

**Safety Training Schedule**  
 SLCP / RMP Training Center

February, 2014

Monday	Tuesday	Wednesday	Thursday	
3	4 9am PPE: DT 10am Asbestos Awareness: WK	5 9am Back safety: DB 10am PPE: DB 1pm Fire prevention	6 9am Back safety; RB 10am PPE: RB 1pm Bldg. inspections	
10	11 9am Intro to NOSHA  1pm PPE /GHS-HazCom: WK	12 9am Intro to NOSHA  1pm Fire prevention DB	13 9am Intro to NOSHA  1pm Bldg inspections RB	
17  Holiday	18 9am Office safety 10am Building inspections 1pm Fire prevention WK/RB/DB	19 9am Office safety 10am Fire prevention 1pm Building inspections WK/DB/RB	20 9am Office safety 10am Building inspection 1pm Fire prevention WK/RB/DB	
24	25	26	27 9am PPE: WK 10am Asbestos Awareness: WK	

Schedule subject to change. Special session arrangement available, notify office at least 10 days.

Safety & Loss Control Program

# Safety Training List

Information: 928-871-6085  
St. Michaels Shopping Center  
FY 2014

## **General Safety:**

General overview on safety and Health. This interactive course is designed to familiarize new employees with the safety program and engage them in actively controlling workplace hazards, thereby helping prevent accidents.

## **Fire Prevention Training**

Teaches employees how they can help reduce the risk of fire and what to do in the event of one. A review of OSHA's top ten reasons why most workplace fire occur. How to properly store flammable liquids and best disposal. Proper selection and use of portable fire extinguishers.

## **Facility Inspection**

Safety & Loss Control Program has a variety of facility inspection checklists available to assist supervisors, chapter officials and employees charged with conducting inspection of their facility or specific work area. Such as buildings, electrical hazards, maintenance shops, warehouses, fire preventions and chemical storage.

## **GHS/Hazard Communication/HAZCOM:**

OSHA requires employees that are exposed to hazardous chemicals in the workplace receive HAZCOM training. This course provides managers, supervisors and employees with steps-by-step solutions for complying with each of the five major sections under OSHA's Hazard Communication standard. OSHA's revised the Hazard Communication Standard aligned with GHS is in effect, and all employees **must** be trained on the new label elements and SDS format by December 31, 2013.

## **Personal Protective Equipment (PPE):**

This course provide information to help attendees conduct workplace assessments to determine if hazards are present, or are likely to be present, which necessitate the use of PPE. Course covers PPE for the eyes, face, foot, head and hands.

## **Back Safety:**

The topic provides practical knowledge of back safety to help reduce the risk of injury or aggravating a pre-existing back problem. The anatomy of the spine is covered in order to understand how injury occurs and can be prevented. The different categories of back problems are review and also include their common causes, first aid techniques, proper back posture methods and proper lifting procedures. Application of these basic back safety principles and practices both on and off the job can prevent the pain, discomfort and sometimes, disabling effects of an injury to the back.

## **NOSHA:**

Navajo Nation Occupational Safety and Health Act was adopted by the Navajo Nation Council. The session defines the roles of the NOSHA Office, the enforcement of OSHA standards, rules and regulations as compare to Safety & Loss Control Program; covers compliance, reporting procedures, audits; and the education and training programs for employers and employees.

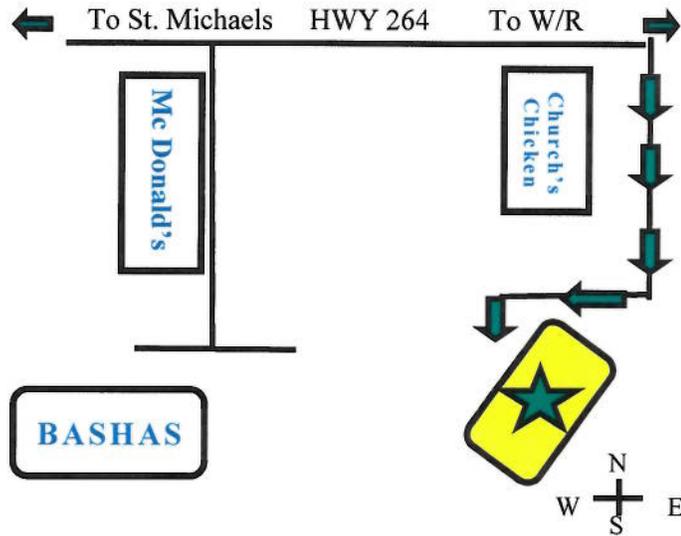
## **Ergonomics:**

Ergonomic Awareness: work-related musculoskeletal disorder (MSDs) can be prevented. Ergonomics --- fitting a job to a person --- helps lessen muscle fatigue, increases productivity and reduces the number and severity of work-related MSDs.



# 2014 Navajo Nation Safety Orientation

## Hosted by the Navajo Nation Safety & Loss Control Program



**The Training is FREE!!!**

Register ASAP. Limited 24 per classroom

Fax Registration to: 928-871-6087

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Program: \_\_\_\_\_

Address: \_\_\_\_\_

\*Phone: \_\_\_\_\_

\*E-Mail: \_\_\_\_\_

*\* Required for confirmation \**

Indicate Training Date: \_\_\_\_\_

**Date: January—February 2014**

**Time: Tues, Wed. & Thurs 9:00 am-3:00 pm**

**Where: SLCP / RMP Conference Center, Window Rock, AZ**

**Who should attend:**

- NN Employees
- Division Directors / Department Managers
- Program Supervisors
- Navajo Nation Delegates
- Navajo Nation Chapter Officials / Chapter Staff
- Enterprise employees

**Safety Topics for January and February includes the following:**

- General Safety
- Fire Prevention
- Safety Inspections—tribal insured buildings
- Hazard Communication / GHS
- See 2013 Schedule attached

**\*OSHA 10-Hour Training (See Attachment)\***

**Contact Person:-) Shirley M. Barney or Michelle Shorty at (928)871-6085  
Email: barney\_shirley@yahoo.com**

**REGISTER TODAY!!!!**