



The Navajo Nation
Office of the President and Vice President

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FOR IMMEDIATE RELEASE

November 3, 2022

Over one-week period, 687 new cases and five deaths related to COVID-19 reported, 45 communities identified with high COVID-19 transmission

WINDOW ROCK, Ariz. – On Thursday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 687 new COVID-19 cases for the Navajo Nation and five recent deaths over a one-week period from October 28 – November 3, 2022. The total number of deaths is now 1,939. 615,049 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 76,651.

Based on cases from October 20 – November 2, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 45 communities due to high transmission of COVID-19:

Aneth	Crownpoint	Mariano Lake	Red Valley	Tachee/Blue Gap
Baca/Prewitt	Forest Lake	Naschitti	Rock Point	Teecospos
Beclabito	Ganado	Nazlini	Rock Springs	Teesto
Black Mesa	Indian Wells	Newcomb	Rough Rock	Thoreau
Bread Springs	Iyanbito	Oljato	Sanostee	Tohajiilee
Chinle	Kayenta	Pinon	Sheepsprings	Tohatchi
Churchrock	Lukachukai	Pueblo Pintado	Shiprock	Tsaile/Wheatfields
Counselor	Manuelito	Ramah	Shonto	Tselani/Cottonwood
Coyote Canyon	Many Farms	Red Lake	St Michaels	Upper Fruitland

“The number of communities with high transmission of COVID-19 and number of positive cases has slightly increased from last week. We urge our Navajo citizens to follow and advise the three w’s to your relatives and friends, such as wearing a fitted mask, washing your hands, and watching your distance from others. Most importantly, get up to date on your COVID-19 vaccines and boosters. If you are feeling ill, please get tested, and get necessary treatment if needed. Together, we can prevent the spread of COVID-19 in our communities. Please stay safe throughout the week,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.

“Our thoughts are with those who are currently fighting COVID-19 and we pray for a speedy and full recovery. Our thoughts and prayers are also with the families of people who have lost a loved one to COVID-19. Please continue to be safe while attending large gatherings. Be safe and please say a prayer each day for healing and recovery,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajo-nsn.gov/COVID-19>. For COVID-19 related questions and information, call (928) 871-7014.

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THE NAVAJO NATION



JONATHAN NEZ | PRESIDENT MYRON LIZER | VICE PRESIDENT

November 3, 2022

Navajo Department of Health Health Advisory Notice (HAN) COVID-19 Community Advisory No. 102 —Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing high transmission of COVID-19 advisory for the following communities. The cases reflect dates October 20 – November 2, 2022. The advisory will be in effect until the high transmission and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

Aneth	Crownpoint	Mariano Lake	Red Valley	Tachee/Blue Gap
Baca/Prewitt	Forest Lake	Naschitti	Rock Point	Teenospos
Beclabito	Ganado	Nazlini	Rock Springs	Teesto
Black Mesa	Indian Wells	Newcomb	Rough Rock	Thoreau
Bread Springs	Iyanbito	Oljato	Sanostee	Tohajiilee
Chinle	Kayenta	Pinon	Sheepsprings	Tohatchi
Churchrock	Lukachukai	Pueblo Pintado	Shiprock	Tsaile/Wheatfields
Counselor	Manuelito	Ramah	Shonto	Tselani/Cottonwood
Coyote Canyon	Many Farms	Red Lake	St Michaels	Upper Fruitland

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

People at Increased Risk for Severe Illness <ul style="list-style-type: none">• Older Adults• Cancer• Chronic kidney disease• Chronic obstructive pulmonary disease• Heart conditions• Immunocompromised state• Obesity and severe obesity• Pregnancy• Sickle cell disease• Smoking• Type 2 diabetes mellitus	Might be at Increased Risk for Severe Illness <ul style="list-style-type: none">• Asthma• Cerebrovascular disease• Cystic fibrosis• Hypertension or high blood pressure• Immunocompromised state• Neurologic conditions, such as dementia• Liver disease• Overweight• Pulmonary fibrosis• Thalassemia• Type 1 diabetes mellitus
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All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
- Avoid close contact with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

- Clean and disinfect frequently touched surfaces daily.
- Avoid touching your face, nose, and eyes with unwashed hands.
- Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
- Social distance - keep 6 feet between yourself and others.
- Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: <http://www.ndoh.navajonnsn.gov/COVID-19> . For COVID-19 related questions and information, call (928) 871-7014.