FOR IMMEDIATE RELEASE
July 25, 2022

Over three-day period, 107 new cases and no deaths related to COVID-19, 63 communities identified with uncontrolled spread

WINDOW ROCK, Ariz. – On Monday, the Navajo Department of Health, in coordination with the Navajo Epidemiology Center and the Navajo Area Indian Health Service, reported 107 new COVID-19 cases for the Navajo Nation and no deaths over a three-day period from July 23-25. The total number of deaths remains 1,845. 564,648 COVID-19 tests have been administered. The overall total number of positive COVID-19 cases is now 60,074, including 61 delayed reported cases.

The Navajo Nation remains in “yellow status,” in accordance with Public Health Emergency Order No. 2022-004 available online at: https://www.ndoh.navajo-nsn.gov/COVID-19. Based on cases from July 8 – 21, 2022, the Navajo Department of Health issued a Health Advisory Notice for the following 63 communities due to uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Beclabito
- Black Mesa
- Cameron
- Chinle
- Chichiltah
- Chilchinil
- Churchrock
- Coyote Canyon
- Crownpoint
- Crystal
- Dennehotso
- Dilkon
- Forest Lake
- Fort Defiance
- Ganado
- Hogback
- Houck
- Indian Wells
- Iyanbito
- Jeddito
- Kaibeto
- Kayenta
- Lake Valley
- Leupp
- Littlewater
- Low Mountain
- Lukachukai
- Lupton
- Manuelito
- Many Farms
- Nahodishgish
- Navajo Mountain
- Nazlini
- Nenahnezad
- Newcomb
- Oak Springs
- Pinon
- Ramah
- Red Lake
- Red Valley
- Rock Point
- Rock Springs
- Rough Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- Smith Lake
- St. Michaels
- Standing Rock
- Tachee/Blue Gap
- Teec nos pos
- Teesto
- Thoreau
- Tohatchi
- Tkonalea
- Tsai le/Wheatfields
- Tsa yatoh
- Tuba City
- Twin Lakes
- Upper Fruitland

“We continue to push forward through this COVID-19 pandemic through the support of others, the guidance of our health care experts, and our prayers. New cases continue to spread, but we continue to push back on the virus together by taking precautions. Just as our ancestors did long ago, we pray together and continue to overcome challenges. Please continue to take precautions, especially in public places. We are in this together,” said Navajo Nation President Jonathan Nez.

Health care facilities on the Navajo Nation continue to administer COVID-19 vaccines. If you would like to receive one of the COVID-19 vaccines, please contact your health care provider and schedule an appointment.
“If you feel sick or have symptoms related to COVID-19, our health care experts urge you to isolate and get tested as soon as possible. We all have to do our part to lessen the spread of COVID-19 in our homes and communities. Please be safe and continue to pray for our frontline workers and our Nation,” said Vice President Myron Lizer.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19. For COVID-19 related questions and information, call (928) 871-7014.

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For the latest news from the Office of the President and Vice President, please visit http://www.opvp.navajo-nsn.gov/ or find us on Facebook, Twitter, and Instagram.
July 25, 2022

Navajo Department of Health
Health Advisory Notice (HAN)
COVID-19 Community Advisory No. 88 — Safety Precautions

WINDOW ROCK, AZ – The Navajo Health Command Operations Center is issuing uncontrolled spread of COVID-19 advisory for the following communities. The cases reflect dates July 8 – 21, 2022. The advisory will be in effect until the risk and cases decline.

The following communities are identified as having uncontrolled spread of COVID-19:

- Aneth
- Baca/Prewitt
- Becenti
- Becalabito
- Black Mesa
- Cameron
- Chichiltah
- Chine
- Churchrock
- Coyote Canyon
- Crownpoint
- Crystal
- Dennehotso
- Dilkon
- Forest Lake
- Fort Defiance
- Ganado
- Hogback
- Houck
- Indian Wells
- Iyanbito
- Jeddito
- Kaibeto
- Kayenta
- Lake Valley
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- Oak Springs
- Pinon
- Ramah
- Red Lake
- Red Valley
- Rock Point
- Rock Springs
- Rough Rock
- Sanostee
- Sheepsprings
- Shiprock
- Shonto
- Smith Lake
- St. Michaels
- Standing Rock
- Tachee/Blue Gap
- Teecnospos
- Teesto
- Thoreau
- Tohatchi
- Tonalea
- Tsaille/Wheatfields
- Tuba City
- Twin Lakes

All residents should take precautions to protect their health from the spread of COVID-19. Individuals with the following conditions are at higher risk of being affected from COVID-19.

<table>
<thead>
<tr>
<th>People at Increased Risk for Severe Illness</th>
<th>Might be at Increased Risk for Severe Illness</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Older Adults</td>
<td>• Asthma</td>
</tr>
<tr>
<td>• Cancer</td>
<td>• Cerebrovascular disease</td>
</tr>
<tr>
<td>• Chronic kidney disease</td>
<td>• Cystic fibrosis</td>
</tr>
<tr>
<td>• Chronic obstructive pulmonary disease</td>
<td>• Hypertension or high blood pressure</td>
</tr>
<tr>
<td>• Heart conditions</td>
<td>• Immunocompromised state</td>
</tr>
<tr>
<td>• Immunocompromised state</td>
<td>• Neurologic conditions, such as dementia</td>
</tr>
<tr>
<td>• Obesity and severe obesity</td>
<td>• Liver disease</td>
</tr>
<tr>
<td>• Pregnancy</td>
<td>• Overweight</td>
</tr>
<tr>
<td>• Sickle cell disease</td>
<td>• Pulmonary fibrosis</td>
</tr>
<tr>
<td>• Smoking</td>
<td>• Thalassemia</td>
</tr>
<tr>
<td>• Type 2 diabetes mellitus</td>
<td>• Type 1 diabetes mellitus</td>
</tr>
</tbody>
</table>

All residents should practice health and safety measures:

- Get vaccinated.
- Wear a mask in the public.
• Avoid close contact with people who are sick.
• Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
• Clean and disinfect frequently touched surfaces daily.
• Avoid touching your face, nose, and eyes with unwashed hands.
• Clean and disinfect your vehicle, home, workspace and other common areas on a regular basis.
• Social distance - keep 6 feet between yourself and others.
• Limit gatherings with individuals outside your immediate household.

For more information, including helpful prevention tips, and resources to help stop the spread of COVID-19, visit the Navajo Department of Health's COVID-19 website: http://www.ndoh.navajo-nsn.gov/COVID-19 . For COVID-19 related questions and information, call (928) 871-7014.