



THE NAVAJO NATION

Proclamation

“RUNNING FOR A STRONGER AND HEALTHIER NAVAJO NATION - CHUSKA 150”

WHEREAS, the 2016 Running for a Stronger and Healthier Navajo Nation is a health initiative to encourage healthy, active lifestyles through a relay run across the Navajo Nation; and

WHEREAS, the purpose of the 2016 Running for a Stronger and Healthier Navajo Nation is to promote health, wellness, and to combat obesity, diabetes, cancer, chronic diseases and for the Navajo Nation to become a national leader in community health-based prevention; and

WHEREAS, more than 20,000 participants have been directly involved in the movement since the inaugural event in 2011, passing through about 90 percent of Navajo chapters; and

WHEREAS, all Navajo Nation divisions, chapters, healthcare facilities, school health programs, athletic programs, local communities and national organizations will unite efforts to strategize coordination of a successful run across the Navajo Nation; and

WHEREAS, the route for the 2016 Running for a Stronger and Healthier Navajo Nation will begin at Red Mesa and travel to Sweetwater, Cove, Roof Butte, Toadlena Lake, Tunnel Springs, and Window Rock; and

WHEREAS, the 2016 Running for a Stronger and Healthier Navajo Nation will educate communities to implement positive change by encouraging healthy living and wellness by changing their lifestyles; and

WHEREAS, the identified chapters and communities along the route will host and coordinate health related events, including providing food and water, greeting runners and participants, and distributing health related information; and

WHEREAS, the 2016 Running for a Stronger and Healthier Navajo Nation encourages people of all ages to participate.

NOW, THEREFORE, I, Russell Begaye, President of the Navajo Nation and I, Jonathan Nez, Vice President of the Navajo Nation hereby proclaim Monday, July 11, 2016 through Monday, July 18, 2016 as **2016 Running for a Stronger and Healthier Navajo Nation – Chuska 150** and encourage the Navajo Nation and its citizens to support and participate in the wellness campaign and commit to a healthy lifestyle.

PROCLAIMED THIS 5TH DAY OF JULY 2016.

A handwritten signature in black ink, appearing to read "Russell Begaye", written over a horizontal line.

Russell Begaye, President
THE NAVAJO NATION

A handwritten signature in black ink, appearing to read "Jonathan Nez", written over a horizontal line.

Jonathan Nez, Vice President
THE NAVAJO NATION